

BARNSELY METROPOLITAN BOROUGH COUNCIL

REPORT OF: Executive Director of Public Health & Communities

TITLE: NHS Health Checks

REPORT TO:	CABINET
Date of Meeting	8 March 2023
Cabinet Member Portfolio	Public Health and Communities
Key Decision	Yes
Public or Private	Public

Purpose of report

This report outlines plans for procuring a new NHS Health Check Service, which is a mandated public health service.

Council Plan priority

Healthy Barnsley

Recommendations

That Cabinet:-

1. Approve the procurement plans for the Barnsley NHS Health Check Service

1. INTRODUCTION

1.1 The NHS Health Checks programme¹ aims to help prevent heart disease, stroke, diabetes, kidney disease and certain types of dementia. Adults between the ages of 40 and 74, who have not already been diagnosed with one of these conditions, can be invited (once every 5 years) to have a check to assess their cardiovascular risk and be offered support and advice to help them reduce or manage that risk.

1.2 Health checks are one of the mandatory public health services to be delivered by local authorities as part of the regulations set down by parliament².

¹ <http://www.nhs.uk/Conditions/nhs-health-check/Pages/NHS-Health-Check.aspx>

² <http://www.legislation.gov.uk/ukdsi/2012/9780111531679>

- 1.3 There is currently no NHS Health Check Service provided in Barnsley since the previous contract expired on 31 March 2021. At the time, due to the COVID-19 pandemic a decision was made to pause the service due to the ongoing service pressures and uncertainty. As part of the COVID-19 recovery programme we are now in a position where we can tender for a new service, confident that a suitable provider will come forward and deliver an effective targeted service for Barnsley residents.

2. PROPOSAL

2.1 Budget and Procurement

- 2.1.1 The service will be procured using the Council's usual YORtender procurement processes.
- 2.1.2 There has already been engagement with capable providers through soft market testing, therefore we are confident that there is interest and capability within the market to successfully procure the service required and described in this report.
- 2.1.3 Tender questions will include testing of the key components of the model design, performance, and outcome requirements.

2.2 New service model design

- 2.2.1 We have worked in partnership with Integrated Care Board colleagues to develop a new proposed model of health checks based on local needs. Full details are available in the Service Specification.
- 2.2.2 Key Principles:
- A targeted, intelligence led service reaching the people that would benefit the most from a face-to-face health check in order to provide early intervention and contribute to reducing health inequalities
 - A service that reaches out further than primary care alone, going into communities to improve access
 - A service that includes effective follow up, focusing on lasting health and wellbeing rather than an isolated check
 - A localised health check addressing the issues that are important to the people of Barnsley
- 2.2.3 The numbers of people offered a health check and the number of health checks delivered will be captured as part of the statutory reporting. As the new service will focus on a targeted approach by offering a health check to those at high risk of cardiovascular disease who may not traditionally access health care. This quality rather than quantity approach will ensure a quality health check with onward referral and follow up is key to the new model.

2. IMPLICATIONS OF THE DECISION

3.1 Financial and Risk

3.1.1 Consultations have taken place with representatives of the Service Director of Finance (S151 Officer) and are summarised below.

3.1.2 The annual budget for the NHS Health Checks contract is £98k. This is based upon the previous contract price and has been built into the Public Health Four Year Plan. There will also be additional costs of £38k in the first year of the contract to support set up costs and engagement work. The proposal outlined in this business case is a 3 year contract with an additional 2 years. The total costs of the contract over the 5 years are £490k and will be funded from the Public Health Grant in year. The £38k year one costs will be funded from money previously earmarked within the Public Health Business Unit..

3.1.3 The table below summarises the financial implications.

	2023/24	2024/25	Future Years
Committed Spend	£,000	£,000	£,000
NHS Health Check's Contract	98	98	98
Set up costs and Engagement work	38	0	0
Total Costs	136	98	98
Funded by			
Public Health Grant	98	98	98
Earmarking's from 2021/22 due to underspend on NHS Health Check's	38	0	0
Total Funding	136	98	98

3.2 Legal

Local Authorities (Public Health Functions and Entry to Premises by Local Healthwatch Representatives) Regulations 2013, sets out that each LA must make provision to offer an NHS Health Check to all eligible people every five years.

3.3 Equality

A full Equality Impact Assessment has been completed and is available on request to Cabinet Members.

The new service model is expected to reduce inequities due to improved quality assurance and outcomes monitoring and improvement of targeting of checks to those most in need.

3.4 Sustainability

The Sustainability Wheel has been completed and shows a positive impact:



3.5 Employee

There are no employee implications.

3.6 Communications

The provider will be expected to undertake the communications and engagement work in relations to the service as part of the contract. Barnsley Council's Communications Team are aware of procurement plans for the Barnsley NHS Health Check Service

4. CONSULTATION

BMBC Officers have worked in partnership with Integrated Care Board colleagues to develop a new proposed model of health checks based on local needs. Previous public consultation results were also used to inform the model. This is a mandated public health service.

5. ALTERNATIVE OPTIONS CONSIDERED

5.1 Alternative models were considered alongside the financial budget was available with respect to what other local authorities are funding across Yorkshire and the Humber.

But after working with Integrated Care Board colleagues, it was agreed that this model would be the most effective for our residents and contribute to reducing health inequalities.

6. REASONS FOR RECOMMENDATIONS

6.1 To seek permission to go to tender for this mandatory service.

7. GLOSSARY

- Mandatory public health service – Regulations 2013, sets out that each LA must make provision to offer an NHS Health Check to all eligible people every five years. Other mandatory services include sexual health services and the weighing and measuring of children.
- Integrated Care Board - Integrated care boards (ICBs) replaced clinical commissioning groups (CCGs) in the NHS in England from 1 July 2022.

8. BACKGROUND PAPERS

If you would like to inspect background papers for this report, please email governance@barnsley.gov.uk so that appropriate arrangements can be made.

9. REPORT SIGN OFF

Financial consultation & sign off	Senior Financial Services officer consulted and date <i>Vanessa Hunter</i> <i>18.01.2023</i>
Legal consultation & sign off	Legal Services officer consulted and date <i>Kate Gothard</i> <i>20.01.2023</i>

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